



School Food Policy

Rationale

Wibsey Primary school first gained Healthy School Status in 2006 and we remain committed to preparing our children for their role in the community and the wider world through developing their understanding of healthy lifestyle and the important choices they make. We acknowledge that this Food Policy does not stand alone in this quest; rather it forms part of the whole school ethos and the school curriculum.

Aims

- Provide knowledge and understanding on how to keep healthy.
- Provide food stuffs to promote this.
- Encourage the children to take responsibility for their own diet.
- Promote positive attitudes towards a healthy lifestyle.

Provision of Food

School Meals (lunches)

- Food is provided by Bradford Council Facilities Management.
- Free school meals are provided for all children that are entitled.
- Food is presented at child height.
- Catering and school staff go through the options verbally.
- Pupils are encouraged to try different foods each day by the staff.
- Pupils are expected to choose one of the main options and vegetables or salad each day.
- A “Stop, Pick and Go” option is available to Key Stage 2 pupils which consists of sandwiches with a choice of fillings and a range of desserts.
- Healthy dessert options are offered, ranging from fruit, yoghurts and a hot alternative.
- A member of school staff line up with Foundation Stage and Year 1 pupils and discuss options and help the pupils make decisions on their balanced diet. Staff may sit with pupils and eat their own meals.
- Pupils are encouraged to eat their main meal before dessert and this is monitored by the members of staff.

- Pupils are encouraged to drink water with their meal, fresh drinking water is provided. Pupils who bring a packed lunch from home are recommended to bring only still water, fruit juice, semi skimmed milk, yoghurt or milk drinks or smoothies in a suitable container to reduce the risk of spillage. Pupils who have a school meal are not permitted to bring a drink from home.
- Slow eaters and pupils who eat too little or too much food are monitored and their teachers and parents are informed as necessary.
- The Kitchen Unit Manager is informed by the SENCO about children who have special dietary requirements, which includes Halal and vegetarian pupils, or allergies and this information is also displayed in the kitchens, staffrooms and classroom.
- The school occasionally has themed days related to a topic or the time of the year eg Christmas.

The meals provided by Bradford Council follow the standards “The Requirements for School Food Regulations 2014” [The Requirements for School Food Regulations 2014](#)

Breakfast/Teatime Club

- The food is prepared fresh on site by school staff.
- The food on offer ranges from, sugar free cereals and milk, white and brown bread, cooked meat, margarine, sugar free jam, raisins and other dried fruit. Fresh fruit and juices are also available. Other items are sometimes available.

Packed Lunches

The school has prepared a “Good Practice Packed Lunch Guidelines” for parents.

Snacks

- Free Milk will be offered free of charge to those pupils entitled to free school meals. Pupils not entitled to Free Milk have the opportunity to purchase milk.
- A range of fresh fruit or vegetables are offered to pupils in Foundation Unit and Key Stage 1. These are provided free of charge by the Government.
- Children may bring healthy snacks, but sweets and drinks are not permitted.
- Children in the Foundation Unit enjoy healthy snacks in a communal setting during the morning or afternoon session. Parents make a small donation to cover the cost.

Drinking Water

Drinking water is provided in all classes, on tap for children to drink water throughout the day. Pupils have named plastic bottles from which to drink. Clean plastic cups are provided in Reception and Nursery classes.

Curriculum

The formal curriculum develops pupil knowledge of healthy eating and choices, through Design and Technology, PSHCE and other areas of the curriculum through cross-curricular links.

The school has a children's cooking kitchen to enable them to be practically involved in the preparation and analysis of foods.

Parents

Information about school meals is shared with parents via menus displayed in the front foyer, newsletters and Wibsey Primary School website.

Other Issues

- Pupils are provided with a room if they wish to fast and pray during Ramadan, after consultation with the Senior Management Team.
- During SATs week all year 6 pupils are offered a free healthy breakfast.

Further Information

Menus are displayed in the school noticeboards and on the school website so that pupils and parents are aware of what food is available giving both time to make healthy choices before going in to the dining hall.

The children's kitchen has been developed for staff to teach cooking in at Wibsey Primary School and some staff have obtained the necessary Hygiene Certificate.

This policy will be reviewed every 3 years.

Agreed by Governors	Full Governors	
	Finance and General Purposes	X
Date:	Teaching and Learning	
Chair of Committee	Dominic Whowell	
Written	September 2016	
Review	September 2019	