

At home, write down ways that you have used your learning muscles.



Imagining

At home I have used my **Imagining** learning muscle to:

.....

.....



Managing Distractions

At home I have used my **Managing Distractions** learning muscle to:

.....

.....



Absorbed

At home I have used my **Absorption** learning muscle to:

.....

.....



**Which learning muscles will your child use in Year 2?**



Imagining



Managing Distractions



Absorbed

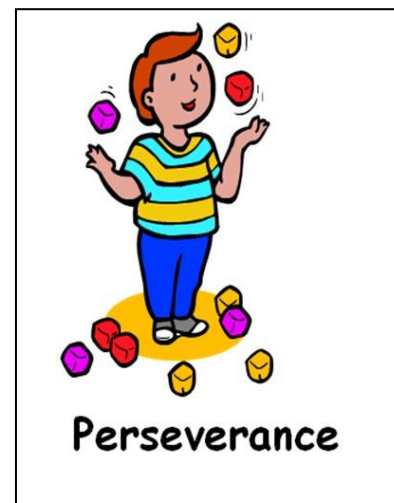
We use our **'Imagining'** learning muscle to help us think of ideas in our learning.



In class we will use our **Imagining** muscle to.....

- Create and tell stories.
- Think about how other people live, eat, work and play in other places.
- Notice detail.
- Experiment with different resources.

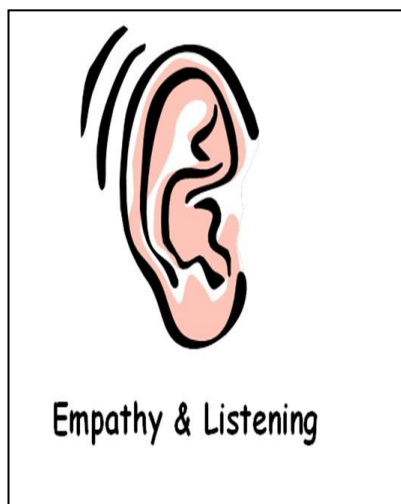
We use our **'Perseverance'** learning muscle to help us find ways to stick at a task.



In class we will use our **Perseverance** muscle to.....

- Try things that are more difficult for us.
- Not give up when we are finding things tricky.
- Think of other ways to try a difficult activity.

We use our **'Empathy & Listening'** learning muscle to help us think of ideas in our learning.



In class we will use our **Empathy & Listening** muscle to be a good listener. We must:

- Look at the speaker.
- Listen when we need to.
- Notice the important parts.
- Ask questions that will help our learning.

Can you help your child to use their learning muscles at home?



Imagining

While watching TV, your child could imagine what happens next.



Perseverance

When your child finds something difficult, can they think of other ways to approach the task? What could help them?



Empathy & Listening

Can your child listen to the important parts of what you tell them or ask them?