

## Fun things to do when you're not at Nursery (w/c: 18.05.20)

### Important things to do each day

- Get yourself dressed. Only ask an adult for help if you really get stuck and can't put something on by yourself. Can you get quicker each day?
- Brush your teeth twice a day; after your breakfast and before you go to bed.
- Count the number of steps in your house; when you come downstairs for breakfast each morning and when you go back upstairs to bed at night.
- Read a bedtime story with an adult or older brother/sister.
- Practise drawing lines and circles, or writing your name (You could use pens, pencils, chalk or water & a paintbrush on the doorstep).
- Practise singing the nursery rhymes on your Rhyme Challenge sheets.

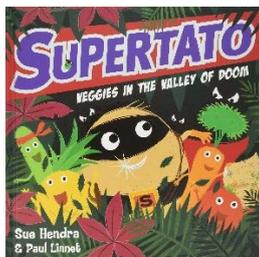
### Choose 2 more things to do each day from the list below.



- Listen to the story **SUPERTATO RUN VEGGIES RUN – Books Alive! Read Aloud Books for Kids** on YouTube.

#### Hold a sports day for you and your family

- Use chalk or string to create running lanes for races. Remember to number each lane, just like in 'Run Veggies Run'.
- Ask an adult to set a timer. How many times can you star jump, hop, bounce a ball, etc before the timer beeps?
- Make medals to give to the winner of each race or competition.



- Listen to the story **SUPERTATO VEGGIES IN THE VALLEY OF DOOM – Books Alive! Read Aloud Books for Kids** on YouTube.

- Hide some treasure in your house or garden.
- Draw a treasure map to show everyone else which way to go to find the treasure. I hope your plants are a bit nicer than the ones in 'Veggies in the Valley of Doom'. Get ready to feed them a biscuit.
- Ask an adult to help you make a healthy pizza. Start with a pizza base or a tortilla wrap. Spread it with tomato sauce or puree, then decorate it with some yummy vegetables (eg: mushrooms, sweetcorn, peppers, olives) and cheese. You could also add tuna or ham too.
- **Remember to only use a knife when you're with an adult.**
- Which part of your smiley face are you going to eat first?

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### [www.thenational.academy/](http://www.thenational.academy/)

Choose one of the Reception lessons to join in with each day. There's English, Maths and other subjects to try. They cover lots of the areas that we'd be teaching in Nursery.

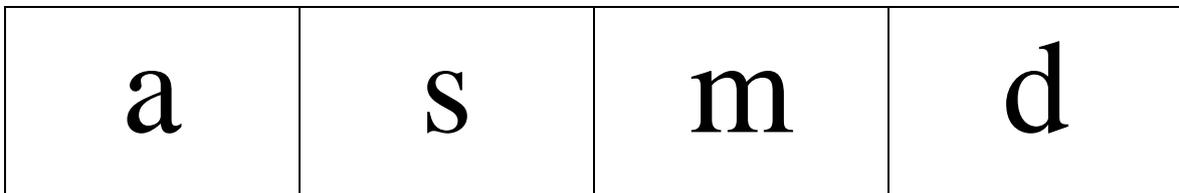
### [Ace Early Years: YouTube](#)

- Watch the **'Hot and Cold Treasure Hunt' (A game to practise positional language!)** video, which shows you how to play the game. Now have your own hot and cold treasure hunt. Remember to use the correct words to describe where you find the hidden object.
- Watch **'The Great Garden Exploration'** video. If you don't have a garden, or there are no flowers in your garden, why not look for flowers in the park. The lady in the video is a Reception teacher, so some of the things that she suggests you try are a bit tricky, but why not have a go. Ask an adult or older brother or sister to help.



### **Play 'Sound Stations'**

- Find 4 pieces of paper. Write a big letter on each one, just like the ones below.



- Stick the letters in different places around the room or garden.
- Find a few objects starting with each letter, then put them in a bag.

### **Now you're ready to play the game.**

- Ask an adult to play some music for you to dance to.
- When the music stops, the adult takes an object out of the bag.
- You have to say what the object is and the sound that it begins with.
- Run to the piece of paper showing the correct letter.
- Now repeat with the other objects.