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| **Distilling**  | **Revising**  |
| 1.What is this BLP muscle? | 1.What is this BLP muscle?  |
| 2.How will this BLP muscle help me with my learning? | 2.How will this BLP muscle help me with my learning? |
| 3.What targets will I set myself for this half term? | 3.What targets will I set myself for this half term? |
| **Interdependence**  |
| 1.What is this BLP muscle? |
| 2.How will this BLP muscle help me with my learning? |
| 3.What targets will I set myself for this half term? |
| **Imagining**  |
| 1.What is this BLP muscle?  |
| 2.How will this BLP muscle help me with my learning? |
| 3.What targets will I set myself for this half term? |