|  |
| --- |
| **Important things to do each day** |
| Get yourself dressed. Only ask an adult for help if you really get stuck and can’t put something on by yourself. Can you get quicker each day? |
| Brush your teeth twice a day; after your breakfast and before you go to bed. |
| Count the number of steps in your house; when you come downstairs for breakfast each morning and when you go back upstairs to bed at night. |
| Read a bedtime story with an adult or older brother/sister. |
| Practise drawing lines and circles, or writing your name (You could use pens, pencils, chalk or water & a paintbrush on the doorstep). |

|  |
| --- |
| Today we are practising the letter sound    Have a go at writing ‘t’. Try something different to yesterday.   * Use different coloured pens or pencils * Write ‘t’ in different sizes (huge for a giant, big for Daddy Bear, medium for Mummy Bear and small for Baby Bear) * Chalk ‘t’ outside on the path * Use paints to write ‘t’ |
| **‘t’ is for tiger**    Use orange and black pens or pencils to draw along the lines on the tiger picture. Now carefully colour between the lines to make a lovely stripy pattern. |
| **Fred Frog is feeling hungry.**  **Watch today’s video to see what’s in his fridge.** |