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| **Important things to do each day** |
| Get yourself dressed. Only ask an adult for help if you really get stuck and can’t put something on by yourself. Can you get quicker each day? |
| Brush your teeth twice a day; after your breakfast and before you go to bed. |
| Count the number of steps in your house; when you come downstairs for breakfast each morning and when you go back upstairs to bed at night. |
| Read a bedtime story with an adult or older brother/sister.  |
| Practise drawing lines and circles, or writing your name (You could use pens, pencils, chalk or water & a paintbrush on the doorstep). |

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| Today we are practising the letter soundHave a go at writing ‘t’. Try something different to yesterday.* Use different coloured pens or pencils
* Write ‘t’ in different sizes (huge for a giant, big for Daddy Bear, medium for Mummy Bear and small for Baby Bear)
* Chalk ‘t’ outside on the path
* Use paints to write ‘t’
 |
| **‘t’ is for tiger**Use orange and black pens or pencils to draw along the lines on the tiger picture. Now carefully colour between the lines to make a lovely stripy pattern. |
| **Fred Frog is feeling hungry.** **Watch today’s video to see what’s in his fridge.** |