

# Grinton Lodge Parent Information Meeting



Friday 16<sup>th</sup> January 2026

# Parent Meeting- Outline:

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- Kit list and things to bring
- Activities the children will be doing
- Sleeping arrangements
- Meals
- Medicines (medical forms)
- Illness
- Keeping up to date
- Timetable
- Questions

# Kit list - things to bring

- **Ensure all bags and clothing are labelled clearly with your child's name.** (This helps your child identify their items when hanging up in the drying room, for example!)
- SOCKS!
- Children will need to bring their own toiletries and towels. (No aerosols)
- Bring a bin liner to put wet/dirty clothes in.
- Bring a towel.
- No sleeping bags are allowed on site.
- Bedding is provided.
- No electronics/snacks – no mobile phones. If the children bring this, it will be locked away for the duration of the residential at school.
- Please do not bring a very large piece of luggage. Please bring a medium-sized bag. (like a weekend bag). This will avoid space issues.



# Kit list - things to bring. This will be uploaded onto the school website for your reference.

We want you to be comfortable and happy throughout your time on the trip so therefore it's important you pack the right clothing and equipment. Your visit will involve a lot of time outdoors whatever the weather, so there is a possibility of your clothes getting wet and muddy. This list will be more than adequate to suit a 3-day visit.

- o 3 pairs of socks
- o 2-3 long sleeved fleeces or sweaters
- o 2-3 warm shirts, T-shirts or thermal tops
- o 2 pairs of trainers, 1 for normal use (around the lodge) and 1 old pair for outdoor activities or you may wish to have walking boots for your outdoor activities – slippers are NOT required
- o 2-3 pairs of trousers, tracksuit bottoms are ideal. (Jeans are not suitable for activities)
- o Gloves or mitts, hat and scarf
- o 1 warm coat (fleece jacket is ideal)
- o Coat (waterproof if possible)
- o A set of clothes for social activities in the evening
- o Refillable/reusable water bottle (1 litre if possible)
- o Lunch pack (not box) bring this in a carrier bag for day one
- o Several changes of underwear
- o A good-sized towel
- o Wash kit i.e. shampoo, body wash, lip balm etc - keep this minimal
- o Deodorant (roll on ONLY please)
- o Tissues
- o 2 pairs of pyjamas
- o Hat/ Cap
- o Sun cream
- o Lots of thin layers are better than one thick
- o Bin liner - will be useful to put wet clothes in and to line your rucksack if it rains

## **Top tips:**

- o Take a look at the weather forecast before you leave home/school
- o Bring old/cheap clothing
- o Children need to be ready for their first activity, on the first day, so please dress appropriately

And last but not least - have fun!

- Be ready on the first day for activities
- Deodorant – roll on please
- 1 pair of trainers
- 1 pair of indoor shoes/ trainers – no slippers please

# Kit list - things to bring

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## Items NOT to be brought

- Mobile phones
- Cameras
- Electronics (e.g. computer games, ipads/tablets)
- Jewellery (including no earrings or watches)
- Toys
- Aerosol sprays (due to the sensitivity of the smoke alarms)
- Snacks/sweets

## Medicines

If your child requires any medicines administering during the trip you will need to complete the relevant medical forms prior to departure. A separate form will be sent home for you to complete. Medicines must be clearly labelled with your child's name and handed in to staff on the morning of the trip.

**Due to the practical nature of the activities, please no jewellery, including no earrings.**

# Activities:

- Activities consist of:

- Archery

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- Rocket launch – evening activity

- Fire lighting

- Campfire - – evening activity

- Guided moorland walks

- Orienteering & Map skills

- Shelter building

- Team building

All specialist activities will be lead by professional instructors from Grinton Lodge.

Children will be in different groups with different adults. The activities will alternate according to their group. All the children will experience the same activities at some point during their stay.

Mr Cooper will be visiting the children on one of the days.

# Sleeping arrangements

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- Children will be put in dormitories in groups. Girls and boys dormitories are separate. Boys dorms are located next to the male staff and girls next to the female staff.

- Bedding is provided

*If you are aware that your child occasionally can have an accident during the night, please make their class teacher aware. This will be discretely changed without causing embarrassment.*

- Most dorms have a sink so that children are able to brush their teeth. Shower and toilet cubicles are next to rooms and self contained. All boys and girls bathrooms are separate.

- Children should shower daily either in the afternoon/evening after their activities or in the morning before breakfast.

- All the children have noted up to three children that they would like to share a room with in order of preference. All children will get at least 1 child from the three they have selected. Children will find out who they are sharing a dorm with when they get to Grinton Lodge.

# Meals

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- **Breakfast:** Breakfast is a buffet, served by members of the team, with guests choosing from a range of cooked food (sausage, bacon, hash brown, tomato, beans, scrambled eggs and vegetarian sausage), continental pastries, cereal, yogurt, fruit juice, along with tea and coffee.

**Packed lunch each day:** Packed lunches consist of a pre-ordered sandwich, a piece of fruit, a biscuit bar and a bag of crisps. The choice of sandwiches are: cheese, ham, cheese and onion, egg mayo, tuna mayo and chicken mayo.

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- **Dinner:**

Night One: Pesto Pasta and Mac and Cheese, Jacket Potato, Brownie, Choc Ice and Fruit.

Night Two: Peri Chicken, Peri Falafel, Jacket Potato, Doughnuts, Choc Ice and Fruit.

**Children will be asked about food choices prior to visiting.**

# Medicine and medical forms

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There are 2 medical forms to complete and send back to school **ASAP.**

Ensure that these are completed thoroughly and handed back by **30.01.2026.**

# Medicine and medical forms



Wibsey Primary School

## GRINTON LODGE RESIDENTIAL 2025

1. Emergency Contact List
2. Parental Agreement for school staff to administer medicine
3. Dietary requirements/restrictions/allergies

**ALL** parents/carers **must** complete the emergency contact part of the form.

**ALL** parents/carers **must** sign the form to state whether your child does/does not have any medical needs OR dietary requirements. **If ticking 'yes' to either question underneath, please fill out the relevant boxes in the forms below.**

RESIDENTIAL VISIT	DATE OF VISIT
Grinton Lodge, YHA, Richmond DL11 6HS Phone: 0345 371 9636	Monday 28 <sup>th</sup> April 2025 – Wednesday 30 <sup>th</sup> April 2025

## 1. PARENT/CARER EMERGENCY CONTACT DETAILS

<b>PUPIL NAME &amp; CLASS:</b>
Name:
Contact Telephone Number 1:
Relationship to Pupil:
Address:

- Emergency Contact Information
- Parental Agreement to administer medicine other than Calpol i.e. Inhalers
- Dietary requirements

# Medicine and medical forms

## Wibsey Primary School – Grinton Lodge Residential

Dear Parents and Carers,

We are looking forward to the upcoming Year 5 residential trip and wanted to inform you about our plans to ensure your child's well-being during the trip. As part of our preparations, we will be taking Calpol with us (please see the picture below). Based on the feedback received during the parent meetings, we have decided to implement this. This will be kept in a safe location and can be administered if required, as per the guidelines for student health and safety.

We kindly ask that you do not send your child with any Calpol or similar medication for the trip, as we will be providing it if necessary. However, in order to ensure we have your consent, we would like to know if you are happy for the school to provide Calpol in the event your child needs it.

**Name of Child:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Signature of parent/ carer:** \_\_\_\_\_

Please indicate your preference by ticking the box below:

☐ I consent for the school to provide Calpol if required during the residential trip.

- Calpol form has been created as a lot of parents last year were having to duplicate forms.
- School will provide the Calpol. A picture of this will be on the letter.
- First aiders do not want to carry 60 bottles of Calpol.
- If written consent/ verbal consent is not given, First Aiders will not be able to administer Calpol via verbal consent over the phone.

# Medicine and medical forms

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Any medicine being brought on the trip needs to be labelled clearly with your child's name, be in date and given to a first aider on the morning of the trip (Miss Broadbent).

All medication will be administered to children according to the parental consent forms.

*These forms need to mirror school records. For e.g. If you have stated that a child needs to be administered 'Piriteze' this needs to be on school records and so a separate school medical form will need to be filled in at the office.*

# Illness

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If your child has had sickness within the last 24 hours before departure, they will be unable to attend the residential.

**If your child becomes ill whilst at Grinton Lodge:**

- A designated first aider will make an assessment as to whether your child needs to return home.
- If they do not need to return home, the first aider will make the decision about the ability of your child to undertake activities. First Aider will stay with the child.
- Parent contacted and informed by Mrs Patankar and a decision for next steps agreed.
- If your child needs to go home then Mrs Patankar will contact Mr Cooper and parents will be called to come and collect your child.
- First Aider to stay with your child until parent collects.

# Keeping up to date

- If there is an emergency and you need to contact your child, this needs to be done through the school. **Do not contact Grinton Lodge directly.**
- If a child becomes unwell we will contact you. There are First Aiders from Wibsey with us and First Aid staff at the centre.

## Daily Communication

- Daily updates as to how the children are doing will be sent out via the School App.
- We will also update you as to when we have arrived at Grinton on Monday and when we have departed on Wednesday.
- Photographs on the website of children at the end of the day. Not a 'normal' school day. Only for children that have consent.
- If you are not on the school app please can your child's class teacher be notified.

# Monday 27<sup>th</sup> April - Arrival at School and Departure

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- 8.15am - children arrive at school. Enter by the Year 6 doors opposite the car park. Staff will meet the children and register them in the bottom hall. If your child attends breakfast club they will bring their suitcase with them to breakfast club and a member of staff will collect your child once they have had their breakfast. Breakfast club staff will be notified of this.
  - Contact details are checked and any medical forms completed and medicines handed in to first aiders. Parents to hand medicines to a first aider on the morning of the visit. All medicines should be clearly labelled with the child's name and class.
  - The children will need a packed lunch from home for the Monday. It is advised that this is brought in a back pack. This needs to be labelled. FSM children will be provided a lunch from school. If your child is not FSM and you would like us to cater for them please let their class teacher know. If your child is FSM and would like to bring their own lunch please notify their class teacher.
  - Safety talk at school prior to going on the residential.
  - 10am depart school by coach from North Road.
  - Approximately 12pm Arrive at Grinton Lodge.
  - Lunch/ Fire procedures
  - Timetable/ activities for the day to be followed.

Two Night Discovery Package									
			07:30-09:00	Breakfast Group 1: 07:30 Group 2: 08:15		07:30-9:00	Breakfast Group 1: 07:30 Group 2: 08:15		
12:00-13:00	Arrival, Bag Drop Off, Lunch & Safety Talk		09:30-12:30	Group 1 Moorland Walk		09:30 -11:30	Group 1 Archery and Team Challenges		
			Group 2: Bushcraft			Group 2 Rokit Launch			
13:00-13:30	Welcome to Swaledale		12:30-13:30	Lunch		11:30-12:00	Reflection		
13:30-16:30	Group 1 Orienteering		13:30-16:30	Group 1 Bushcraft		12:00 - 13:00	Lunch and Departre		
			Group 2 Short Walk						
16:30-17:00	Room Allocations		16:30-17:00	Free Time					
17:00-18:30	Evening Meal Group 1: 17:00 Group 2: 17:45		17:00-18:30	Evening Meal Group 1: 17:00 Group 2: 17:45					
19:00-20:30	Camp Fire x 2		19:00-20:30	Environmental Art / Rock Painting					

# Arrival Back at School- Wednesday 29<sup>th</sup> April 2026

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The children will disembark the coach and walk through the top playground and assemble in classroom 5:3 (via the fire door).

Luggage will be placed in the bottom yard with a member of staff, ready for collection (weather dependent).

Children will be dismissed to named parent/contact from 5:3 fire door at the end of the school day.

If we are running late, you will notified via the school app.

# SEND

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All children will have a RA in place.

SEND children will have a specific, individualised RA. This will be shared with parents and the school SENCO.

All staff members will be aware of all RA's. Staff meeting prior to the residential will be briefed on (14.04.2026).

All RA's have to be verified and signed off by the LEA (David Maw).

# Questions from last year:

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**Hairdryers:** Children are not allowed to bring a travel hairdryer for Health and Safety reasons. The children have access to one hairdryer at the Lodge. No children asked for a hair dryer last year!

**Photos:** Photos will be uploaded onto the school website at the end of each day for children whose parents have provided photo consent.

- Emergency Contact: The emergency contact number for parents is **07544023694**. We kindly ask that for any non-emergency communication, please contact the school office as the first point of contact. If it is outside of school hours and there is a SEVERE emergency situation, please contact the number above. This is not for general use.

# Any Questions?

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