

WHAT'S ON AT BRATHAY?

Contact Mollie at 07739646175 to book your place

1
JULY
3:30PM-5PM

SELF-SOOTHE BOX - "BUILD YOUR CALM KIT"

Build your own calm kit. A personalised self-soothe box, filled with sensory items, grounding tools, distractions, and support contacts to help you.

8
JULY
3:30PM-5PM

YOUTH VOICE - ALL AGES WELCOME

Help shape the resources we use in future youth projects. Your ideas, experiences and creativity will influence what we make next.

15
JULY
3:30PM-5PM

CHOOSE YOUR VIBE!

Games, crafts, music and chill-out spaces. Pick what you want to do, switch whenever you like, and have a fun, relaxed session with friends.

GROUP SUPPORT THIS SUMMER:

HAF:

From the 21st July- 25th August we will be running our HAF project. If you are 6-11 and eligible for free school meals, sign up using the QR code and we will give you a call to discuss further!



SPRING:

Wellbeing and resilience support:

A group programme that uses outdoor learning, creative activities and teamwork to support young people aged 6-18 (25 with SEN) with their emotional wellbeing and personal development. Visit: <https://www.bdcmind.org.uk/support-for-you/children-and-young-people-services/youth-in-mind-connect/> OR scan the QR code



Brathay Trust | Cathedral Halls | Stott Hill | Bradford | BD1 4EH