

Dear Parent/Carer,

Swimming in Year 5

As part of the curriculum, it is a statutory requirement that all children in Key Stage 2 participate in swimming lessons. These lessons will begin on **Thursday 10th September 2026** and will be taking place at Sedbergh Sports Centre. Swimming kits must be brought into school every Thursday morning. At Wibsey, we believe that swimming is a vital life skill and we strive to ensure every child in Year 5 will swim confidently by the end of the year. Should your child be unable to swim for one lesson, then a letter is required explaining the reason and given to the class teacher on the morning. Other work will then be provided by the class teacher during that lesson.

Children will be attending swimming lessons for half a year. 5.1 and half of 5.3 will be attending September to February. 5.2 and the other half of 5.3 will be attending February to July.

Swimming kits are to be provided in a named, waterproof bag and to include:

Swimming costume/swim shorts (no bikinis or trunks)

1 x Towel

Hairbrush (long hair must be tied up)

Swimming cap/goggles are optional

Due to time constraints the children are unable to shower after their lesson. No shower gels/shampoos, spray deodorants/body sprays, creams or talcum powders are allowed and all jewellery must be removed prior to swimming as per school policy. Please ensure that your child's name is on all of their belongings so they can be returned should they be misplaced.

If you have any queries, please do not hesitate to contact your child's teacher.

Miss Bajwa, Miss Holland and Mrs Bilevych